

CHAT from 7-8-21 ONE WILPF Call.

**WELCOME & INSTRUCTIONS**

**Featured Presentation – CUBA COMMITTEE presents,  
(including guest speaker, Q&A)**

**ANNOUNCEMENTS**

**ADJOURN**

**SOAPBOX**

<https://wilpfus.org/story/one-wilpf-calls>

[www.wilpfus.org](http://www.wilpfus.org)

[www.wilpfus.org/join](http://www.wilpfus.org/join)

From Darien De Lu to Everyone: 06:08 PM

Darien De Lu in one of the world's great tree cities — Sacramento, California.

From Mario Galvan to Everyone: 06:08 PM

Greetings from Carmichael, CA!

From Joy Booth to Everyone: 06:08 PM

Hi, I'm Joy from Brentwood MD

From Melissa Fry to Everyone: 06:08 PM

Hello this is Melissa Fry, Fresno, Ca WILPF

From Rowan Fairgrove to Everyone: 06:08 PM

Hi, I'm Rev. Rowan Fairgrove, EPs (she/her). I'm on Tamien Ohlone land in San Jose, CA.

From Pam Albright to Everyone: 06:08 PM

Hi everybody. My name is Pam Albright, and I'm from the greater Phila. WILPF chapter.

From Chantaye McLaughlin to Everyone: 06:08 PM

Hello everyone, My name is Chantaye McLaughlin and I live in East Point, GA about 5 minutes from Atlanta

From Leni Villagomez Reeves to Everyone: 06:09 PM

Leni Villagomez Reeves from the mountains not that far from Fresno

From Virginia Pratt to Everyone: 06:09 PM

Virginia Pratt, Boston Branch MA - FYI I traveled to Cuba 3 times going back to 1980. Virginia Pratt

From cynthia Roberts to Everyone: 06:09 PM

Hello- from South Central Indiana.

From Patricia Wells to Everyone: 06:09 PM

Hi I am Patricia Wells from Fresno

From Janice Hawkins to Everyone: 06:09 PM  
Hi! This is Janice Hawkins from the Des Moines Branch.

From BARBARA L NIELSEN (WILPF-USA) to Everyone: 06:10 PM  
Barbara L Nielsen, WILPF Life Member, San Francisco branch; bln.sf.ca@gmail.com

From Margo Schulter to Everyone: 06:11 PM  
Hello from Margo Schulter (she/her) in Nisenan territory, Sacramento, California. There was a magnitude 4.8 earthquake between Sacramento and Stockton that I felt around 3:50 p.m.

From Patricia Wells to Everyone: 06:12 PM  
We felt it here too

From Leni Villagomez Reeves to Everyone: 06:12 PM  
I felt it but nothing fell down or broke.

From Virginia Pratt to Everyone: 06:12 PM  
Sorry for those of you who were affected by the quake. Virginia Pratt

From Patricia Wells to Everyone: 06:13 PM  
It wasn't too bad, nothing broke either, except our conversation!

From Marybeth Gardam to Everyone: 06:16 PM  
**Here is the GOOGLEDOC link to the TEXT PAD.**  
[https://docs.google.com/document/d/1Y4UVX9fyTrLiyx69\\_LGR4AH3pEekTGbX5\\_pvWC0k8Es/edit?ts=60e7891f](https://docs.google.com/document/d/1Y4UVX9fyTrLiyx69_LGR4AH3pEekTGbX5_pvWC0k8Es/edit?ts=60e7891f)

From Chantaye McLaughlin to Everyone: 06:17 PM  
Theresa El-Amin, Fannie Lou Hamer Branch, Columbus GA, WILPF-US Black Liberation Caucus, Southern Anti-Racism Network (SARN) <http://www.projectsarn.org>

From Jane Weed-Pomerantz to Everyone: 06:20 PM  
Hi I am Jane Weed-Pomerantz from the Santa Cruz CA WILPF branch

From Ellen Thomas to Everyone: 06:24 PM  
If you have any information you would like to have put into the Google Doc, please put it in the chat and we can add it later, unfortunately we're having trouble sharing access.

From cynthia Roberts to Everyone: 06:24 PM  
ARE OTHER COUNTRIES ABLE TO FLY INTO THE PROVINCIAL AIRPORTS.  
IT IS JUST US THAT DOES NOT AS I understand.

From Marybeth Gardam to Everyone: 06:28 PM  
**Elena Freyre**, Cuban-American based in Miami FL  
**President of the Foundation For Normalization of US/Cuba Relations**

## PETITIONS

[https://www.codepink.org/endtheblockade?recruiter\\_id=902631&fbclid=IwAR31\\_4hAZK78l8RbnigwLiB CZpnWqORlg6hqYt9OPW4JEzkhzmyRe24Z048](https://www.codepink.org/endtheblockade?recruiter_id=902631&fbclid=IwAR31_4hAZK78l8RbnigwLiB CZpnWqORlg6hqYt9OPW4JEzkhzmyRe24Z048)

<https://puentesdeamor.com/en/?fbclid=IwAR1N9Wf0x2KwwBsEvrsZXefzPoQVi19bgxZzEPxCrq81WJCTi vгурExTuA>

From Barbara L Nielsen (bln) to Everyone: 06:28 PM

Re saving the chat - if you look toward the bottom of the chat, where you can write a text, where the "To: Everyone" line is, go to the right on that line, is an image of a page with the upper-right corner is folded down and it says "File" and TO THE RIGHT OF THAT "File" are three horizontal dots. CLICK ON THOSE DOTS and you will get a dropdown to "Save Chat" and it saves to a directory that is set up by ZOOM, on your very own computer - I believe in the "downloads" folder but it may be the "documents" folder - makes a ZOOM folder and this textpad is there under today's date. This happens in all chats. Hope this helps.

From Marybeth Gardam to Everyone: 06:32 PM

**Carlos Lazo**, a Cuban-American school teacher, has been on a 1,300 mile pilgrimage -- with six other Cuban Americans—all the way from Miami!

He will arrive in Washington, DC to present the Biden Administration with a petition signed by over 25,000 calling for an end to the U.S. blockade and demanding:

- the end of all sanctions
- the restoration of remittances
- the resumption of flights from the U.S., to Havana and to all the regional centers of Cuba
- the reopening of the U.S. Embassy in Havana
- a restart to the program of family reunification

From Cherrill Spencer to Everyone: 06:32 PM

Here's the link to the TEXTPAD again!

[https://docs.google.com/document/d/1Y4UVX9fyTrLiyx69\\_LGR4AH3pEekTGbX5\\_pvWC0k8Es/edit?ts=60e7891f](https://docs.google.com/document/d/1Y4UVX9fyTrLiyx69_LGR4AH3pEekTGbX5_pvWC0k8Es/edit?ts=60e7891f)

From Marybeth Gardam to Everyone: 06:34 PM

**Want more information about Cuba?**

<https://www.thenation.com/article/world/cuba-coronavirus-embargo/>

[https://www.resumen-english.org/2021/06/alicia-jrapko-solidarity-with-cuba-cant-be-blocked/?fbclid=IwAR2uO5iDViT8fa61UX89HJn2DAemxQU4xv\\_3Oyz91pUf2I-6eNKQ-D\\_yIHl](https://www.resumen-english.org/2021/06/alicia-jrapko-solidarity-with-cuba-cant-be-blocked/?fbclid=IwAR2uO5iDViT8fa61UX89HJn2DAemxQU4xv_3Oyz91pUf2I-6eNKQ-D_yIHl)

July 25: **Voices across the U.S. will demand**

**END the U.S. Blockade of CUBA with Solidarity caravans**

Seattle, San Francisco, Milwaukee, Dallas and Washington, DC and other cities will hold caravans.

**July 25** Cuban American 'Miami to DC' Walkers Calling for an End to the U.S. Blockade of Cuba!

**Check for a caravan in your city by contacting National Network on Cuba**

<http://nnoc.info/contact-us/>

From Ellen Thomas to Everyone: 06:35 PM

Here is the link to Cuba and the Bolivarian Alliance Program Committee page:  
<https://wilpfus.org/our-work/cuba-and-bolivarian-alliance>.

From Barbara L Nielsen (bln) to Everyone: 06:43 PM  
Donating \$\$\$ for syringes using their online process takes mere MINUTES - quick and easy.

From Tina Shelton to Everyone: 06:44 PM  
Leni, your presentation is wonderful. Thank you.

From Jan Strout to Everyone: 06:44 PM  
Great job Cindy and Leni!!

From Patricia Wells to Everyone: 06:45 PM  
Te aventaste Leni!!

From Marybeth Gardam to Everyone: 06:46 PM  
**Syringe Campaign, (through Global Health Partners)**  
Donations to the appeal can be made at <https://ghpartners.org/syringes4cuba/>

**Checks payable to Global Health Partners** (with "Syringe Campaign" in the memo) can be sent to:  
Global Health Partners, 39 Broadway, Suite 1540, New York, NY 10006

#### **Latin American School of Medicine information**

Do you know a young person who wants to become a doctor in order to serve the community, but does not have the money for a US medical education? It is possible to go on full scholarship to ELAM if you meet the requirements. Information:

<https://ifconews.org/medical-school/> **Angie Langdon** elamscholarship@ifconews

Director,IFCO ELAM program **Samira Addrey** samira@ifconews

information on **Henry Reeve Brigade and other Cuban Medical International efforts**

<https://www.thenation.com/article/world/cuba-doctors-covid-19/>

<https://time.com/3556670/ebola-cuba/>

<https://www.cubastandard.com/qa-cubas-unique-model-of-medical-internationalism/>

From Betty Traynor - San Francisco to Everyone: 06:46 PM  
Actually a lot of new Drs. I see at Kaiser SF are women from all over the world actually.

From Joy Booth to Everyone: 06:47 PM

As well as their amazing pharmacology production , the public health system stays in touch with individuals with diabetes through in home care. Viva Cuba!

From Jane Weed-Pomerantz to Everyone: 06:47 PM

It is fabulous that Cuba's ELAM has provided scholarships to people from US especially communities of color. I wonder though, are those trained at ELAM able to find work in the US with their degrees?

From Barbara L Nielsen (bln) to Everyone: 06:47 PM

n.b. In San Francisco, I did not feel this earthquake - am guessing it was on the Hayward fault which runs further inland (East) - so Sacramento, the East Bay would feel it) down towards Fresno rather than here in our coast.

From Sandy Thacker to Everyone: 06:48 PM

HOW DO WE GET THE INFORMATION OUT TO AMERICANS ABOUT WHAT IS HAPPENING RE: MEDICAL CONTRIBUTIONS AND VACCINATIONS?

From Joy Booth to Everyone: 06:49 PM

Write letters to the editor , speak at all your groups/ community events .

From Theresa El-Amin to Everyone: 06:49 PM

Jan Strout! Hope you remember me.

From Theresa El-Amin to Everyone: 06:49 PM

STACK

From Joy Booth to Everyone: 06:50 PM

Go to Cuba! It is not impossible if you are willing to travel through Mexico

From Marybeth Gardam to Everyone: 06:51 PM

[Belly of the Beast](#) videos on YouTube about Cuba.

From Leni Villagomez Reeves to Everyone: 06:52 PM

More info?

Very recently published articles

<https://www.thenation.com/article/world/cuba-coronavirus-embargo/>

[https://www.resumen-english.org/2021/06/alicia-jrapko-solidarity-with-cuba-cant-be-blocked/?fbclid=IwAR2uO5iDViT8fa61UX89HJn2DAemxQU4xv\\_3Oyz91pUf21-6eNKQ-D\\_yIHI](https://www.resumen-english.org/2021/06/alicia-jrapko-solidarity-with-cuba-cant-be-blocked/?fbclid=IwAR2uO5iDViT8fa61UX89HJn2DAemxQU4xv_3Oyz91pUf21-6eNKQ-D_yIHI)

Henry Reeve Brigade and other Cuban Medical International efforts

<https://www.thenation.com/article/world/cuba-doctors-covid-19/>

<https://time.com/3556670/ebola-cuba/>

<https://www.cubastandard.com/qa-cubas-unique-model-of-medical-internationalism/>

Biotechnology

<https://www.counterpunch.org/2021/03/30/cuba-libre-to-be-covid-libre-five-vaccines-and-counting/>

From Me to Everyone: 06:53 PM

<https://www.youtube.com/watch?v=z1mknIkBGUA> Belly of the Beast Videos

From Joy Booth to Everyone: 06:53 PM

FOLA IN Maryland is working to get the City

Council of Baltimore to pass a resolution to end the embargo. Try to get your council to do the same

From Cynthia Roberts to Everyone: 06:54 PM

thanks to all the speakers....and organizers ,

From Janice Hawkins to Everyone: 06:54 PM

Thank you for the great presentation!

From Pam Albright to Everyone: 06:55 PM

Excellent presentations! Thanks so much!

From Theresa El-Amin to Everyone: 06:55 PM

Goodnight.

From Barbara Laxon to Everyone: 06:56 PM

forgot to leave my name. Barbara Laxon with the Green Party of PA and the GPUS peace action committee

From Theresa El-Amin to Everyone: 06:57 PM

Please register for the Umoja Unity Talks on Saturday, July 31, 5pm EDT Register here  
<http://www.projectsarn.org>

From Leni Villagomez Reeves to Everyone: 07:01 PM

Petitions

[https://www.codepink.org/endtheblockade?recruiter\\_id=902631&fbclid=IwAR31\\_4hAZK78I8RbnigwLiB CZpnWq0RIg6hqYt9OPW4JEzkhzmyRe24Z048](https://www.codepink.org/endtheblockade?recruiter_id=902631&fbclid=IwAR31_4hAZK78I8RbnigwLiB CZpnWq0RIg6hqYt9OPW4JEzkhzmyRe24Z048)

<https://puentesdeamor.com/en/?fbclid=IwAR1N9Wf0x2KwwBsEvrsZXefzzPoQVi19bgxZzEPxCrq81WJctivgurExTuA>

Petitions

[https://www.codepink.org/endtheblockade?recruiter\\_id=902631&fbclid=IwAR31\\_4hAZK78I8RbnigwLiB CZpnWq0RIg6hqYt9OPW4JEzkhzmyRe24Z048](https://www.codepink.org/endtheblockade?recruiter_id=902631&fbclid=IwAR31_4hAZK78I8RbnigwLiB CZpnWq0RIg6hqYt9OPW4JEzkhzmyRe24Z048)

<https://puentesdeamor.com/en/?fbclid=IwAR1N9Wf0x2KwwBsEvrsZXefzzPoQVi19bgxZzEPxCrq81WJctivgurExTuA>

July 25: Voices across the U.S. will demand

END the U.S. Blockade of CUBA with Solidarity caravans

Seattle, San Francisco, Milwaukee, Dallas and Washington, DC and other cities will hold caravans. July 25 Cuban American 'Miami to DC' Walkers Calling for an End to the U.S. Blockade of Cuba!

Check for a caravan in your city by contacting National Network on Cuba <http://nnoc.info/contact-us/> or in the call - write to Biden. See the sample letter

Write your senators. Ask them to support The U.S. - Cuba Trade Act of 2021. ((S.249: Wyden, Leahy, Durbin) See the sample letter.

(Addresses supplied for California, but, hey, you know how to write your senator.)

From Leni Villagomez Reeves to Everyone: 07:03 PM

Send me your email and I will send you sample letters for Biden and for US senators about ending the blockade and about doing what can be done by executive action first.

My email is lenivreeves@gmail.com

From Barbara Laxon to Everyone: 07:04 PM

otrbarbinpeace@comcast.net-- Barbara Laxon thanks.

From Elena Freyre to Everyone: 07:07 PM

I want to thank all of you fir the opportunity to speak on a subject that is my passion Cubs and I hope that when we're able to safely do so again you will take the opportunity to go and see this amazing country and people for yourselves

From Barbara L Nielsen (bln) to Everyone: 07:10 PM

WHAT IS THE URL FOR THE TRIENNIAL CONGRESS PAGE????

Thank you ELENA FREYRE and LENI and CINDY!!!

From Ellen Thomas to Everyone: 07:10 PM

There's an eNews article that has the registration link <https://wilpfus.org/news/updates/sneak-peek-weekday-presentations-congress>

From Marybeth Gardam to Everyone: 07:17 PM

CONGRESS REGISTRATION LINK:

<https://events.r20.constantcontact.com/register/eventReg?oeidk=a07ehtrzm2cc92cd635&oseq=&c=&ch=>

Why not register RIGHT NOW?!!!

FIRE TORNADO ARTICLE: <https://www.commondreams.org/news/2021/07/08/what-bipartisanship-looks-vicious-fire-tornado-caught-film-california>

LIST OF OTHER ORANIZATIONS' 2021 EVENTS commemorating: HIROSHIMA& NAGASAKI BOMBINGS and Trinity Test and Church Rock Uranium Spill

List assembled 7th July 2021, more events will be announced on the PSR and OREPA websites

Fresno, CA. WILPF Fresno : 8am 6th August at the Peace Garden, CA State University Fresno with speakers & 11am 9th August at the Shinzen Friendship Garden, Woodward Park, Fresno, with speakers  
An action all WILPFers can do : We are encouraging organizations, high-profile individuals, and families around the world to honor victims and demonstrate support for a world without nuclear weapons by folding a paper crane and sharing photo of it on your social media August 6-9 with the hashtag #CranesForOurFuture. The Governor of Hiroshima Prefecture and President of HOPE Hidehiko Yuzaki has tentative plans to announce the campaign to Japanese media in mid-July before the opening of the Tokyo Olympics. We're hoping to include a diverse set of institutions and individuals for that initial announcement

From MbGardam to Everyone: 07:18 PM

Take a picture of yourself with PAPER CRANES.

July eNews DISARM article... resource materials for Hiroshima activities.

- Prepare yourself for Congress with “Making Zoom Work for YOU!” That’s a short (one hour) and easy training:

Thursday, July 15, 5:15 PDT / 8:15 EDT.

Please preregister <https://wilpfus.org/news/updates/making-zoom-work-you>

“I have to scare you a little bit, because the comfort you live in is too scary for me!” Martin Prechtel

WILPF US is developing multiple ways to confront racism and the inequities of White Supremacy. For those in branches – or at-large WILPF members involved with other kinds of local groups – I (WILPF US President, Darien De Lu) am encouraging folks to proceed with self-education by taking time – at least 15-20 min. – at every meeting to discuss relevant informational videos, articles, and books. Coming soon – the first edition of WILPF US’s Resource List for Dismantling Racism, to provide you with more suggestions. ...

From Leni Villagomez Reeves to Everyone: 07:23 PM

[https://docs.google.com/document/d/1Y4UVX9fyTrLiyx69\\_LGR4AH3pEekTgbX5\\_pvWC0k8Es/edit](https://docs.google.com/document/d/1Y4UVX9fyTrLiyx69_LGR4AH3pEekTgbX5_pvWC0k8Es/edit)

From Sandy Thacker to Me: (Privately) 07:23 PM

Ellen asked me to pause near the end of the meeting so she can stop the recording, so don’t worry if there’s a brief pause after Our next One WILPF Zoom will be in September

From Me to Everyone: 07:23 PM

Dismantling Racism Resource Book to come out soon.

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President@WILPFus.org July eNews...

Making Tech work for YOU. Check it out in your inbox!!

Make sure you have shared your email address with WILPF. Email us at [info@WILPFus.org](mailto:info@WILPFus.org).

From Marybeth Gardam to Margo Schuller: (Privately) 07:27 PM

We always have a link to the TEXT PAD on our ONE WILPF CALLS page on our website.

[www.WILPFus.org/story/one-wilpf-calls](http://www.WILPFus.org/story/one-wilpf-calls)

From Leni Villagomez Reeves to Everyone: 07:28 PM

You don’t have to copy the whole chat. You can just copy and paste in the usual way into some document you call notes or apuntes or whatever

From Marybeth Gardam to Everyone: 07:28 PM

If you’re not reading the eNews, you’re missing out!

Check out all the articles – not just the one you already knew about! Get the inside story, be inspired, find ways to be involved!

See this month’s eNews: <https://myemail.constantcontact.com/July-eNews---Courage--sacrifice--and-sustained-effort--to-build-peace.html?soid=1121720227619&aid=RrJIR9UBSws>

From Marybeth Gardam to Everyone: 07:31 PM

There is always a Link to the CHAT on our OneWILPF Call webpage.

<https://www.wilpfus.org/story/one-wilpf-calls>

What do YOU want to see WILPF US accomplish? You can help make it happen!

You can sharpen your skills in leadership and help shape the WILPF action! \Enjoy being part of a national committee -- an issue committee, an administrative action committee (the board standing committees), and many different ad hoc committees.

For example, we have a national Social Media Committee.: Learn how, when and why!

Contact:

ADVANCING HUMAN RIGHTS COMMITTEE Chair Joan Goddard, San Jose CA

AHRChair@wilpfus.org

SUBJECT AREAS for AHR Committee...

- 1- UN efforts regarding women.
- 2- 2- Immigration and Border Militarization,
- 3- 3 - Resources for Anti-Racism, UN Decade of People of African Descent
- 4- 4- Mass Incarceration/Prisons/Police Militarization.
- 5- ???

**Next AHR meeting July 29th.** Contact Joan for more info. AHRChair@wilpfus.org  
OOps. It's UN International Decade for People of African Descent